

**Lombardi
Chiropractic
Family Health
Center**

Dr. Peter Lombardi

Welcome to our office!
It is well known that families who maintain strong healthy, well-aligned spines have much improved health. People whose spines are not kept in proper alignment are much more likely to develop health disorders later in life such as arthritis, illness, pain, heart attacks, strokes, even cancer.



Chiropractic Health Questionnaire

Name _____ Home Phone _____
 Address _____ Work Phone _____
 City, State, Zip _____ Email _____
 Cell Phone _____ Cell Carrier (circle one): ATT Verizon Sprint Other
 Circle Male/Female Age _____ Birth date _____ SS# _____
 Occupation _____ Employer _____
 Employer Address _____
 Marital Status: M W D S Significant Other's Name: _____ No. Of Children _____

1. Most patients are referred to our office by a caring family member or friend. What/Who made you decide to visit our office? _____
2. Research shows that your spine should be checked regularly. How many times have you visited a Chiropractor in your lifetime? _____ Never
3. When was your last complete spinal examination including x-rays? _____ Never
4. Have you ever been told that you have a spinal curvature, spinal arthritis, or inherited spinal problem? Yes No
5. Spinal misalignments cause decay and degeneration which results in grinding or cracking. Do you ever hear noises when you move your head or neck? Yes No
6. Spinal misalignments can make you feel like you need to twist, stretch, or crack your neck or back. Do you ever feel the need to crack or pop your neck or lower spine? Yes No
7. Poor posture leads to poor health, often indicating a spinal problem. Please rate your posture:
 Poor – 1 2 3 4 5 6 7 8 9 10 – Excellent
8. Stress can cause or accelerate spinal damage. Rate your stress level over the last 90 days:
 Low – 1 2 3 4 5 6 7 8 9 10 – High
9. Primary Care Physician Name and City _____
10. Please circle or list any health symptoms or health complaints you are experiencing.
 Neck Pain L/R Allergies Thyroid Constipation Arm Pain/Numbness L/R
 Back Pain L/R Asthma Diabetes I/II Menstrual Pain Headaches/Migraines
 Leg Pain L/R Cancer
11. Prescription medications may cause various side effects, hide the severity of health problems and hinder the body's ability to heal. What medications are you currently taking?
 1. _____ 2. _____ 3. _____ (Use back if necessary)
12. List any surgeries you have had. _____
13. Daily trauma, auto accidents, and work injuries can cause serious spinal problems. When was your most recent injury: at home? _____ car accident? _____ slip or fall? _____
14. Spinal Health is especially important during pregnancy.
 Is there any chance that you are pregnant? Yes No
15. Do you smoke? Yes No
16. Sleeping position: Back Stomach Side L/R
17. Exercise level: Low – 1 2 3 4 5 6 7 8 9 10 – High
18. Right Handed/ Left Handed
19. Do you currently take Vitamins/Supplements? Yes No
20. If the doctor recommends Chiropractic Care to help you, are you willing to follow his recommendations completely? Yes No

The above information is true and accurate to the best of my knowledge.

Signature: _____ Date: _____